

New Happening at Heritage Fall 2003

After School Recreation Program **Ages 6-12 yrs**

Monday –Thursday 2:30-5:30 Friday 12:30-5:30

Looking for a safe and fun place to send your kids after school? You've found it.

Registrants in this program will participate in arts & crafts, games, sports, community projects, and educational activities all in a safe environment. Call (619) 421-7032 for fees and additional information.

Concert Blood Brothers Blues Band

Sunday, September 7 4-6 PM

Bring your blanket and enjoy an evening of blues at Heritage Park.

Patriots Day

Saturday September 13 12-2 PM

Participants will complete patriotic arts & crafts and celebrate by playing some All-American games.

Kickball League

Begins September 27-December 6

Looking for a fun close-knit social experience? You've found it! Games will be played weekly and a tournament will be held at the end of the season to crown the Heritage Kickball Champion. Get your friends and neighbors together and join us for an old childhood game. This is a co-ed league and requires at 4 participants of each gender per team. Cost is \$100 per team. Fee includes all equipment, regular season games, tournament games and awards.

Fall Intersession Camp 8:30-4:30

Get ready for fun in the fall. Camp will offer activities such as arts & crafts, games, field trips and more. Cost of camps range from \$100-\$120.

September 22-September 26

Nature Adventure

-Birch Aquarium

-Chula Vista Nature Center

September 29-October 3

Out & About

-El Cajon Boardwalk

-J Street Marina

October 6-October 10

Summer in Fall

-Belmont Park

-Pumpkin Patch

Halloween Carnival

October 31 3-5

Come out and enjoy some tricks and treats. We will be playing a variety of games and children will participate in arts & crafts projects and a costume contest. Cost of crafts range from free to \$1.50.

Santa's Secret Workshop

December 12 & December 19 2-5

This is your opportunity to make a gift for your family members. Wrapping will be available and Santa will visit us too. Cost of crafts range from free to \$1.50.

CATCH RECREATION IN YOUR PARKS All Ages

Looking for fun and healthy activities in your own backyard? Young and old, as family and individuals or children and adults it's time for everyone to get out and enjoy your parks. In Hearts N Parks, we will be engaging in a variety of FUN activities for all ages. Program schedule for September, October and November are as follows.

September

Kickball	Mondays	5-7 PM
Wiffleball	Wednesdays	5-7 PM
Frisbee Golf	Thursdays	5-7 PM

October

Flag Football	Mondays	5-7 PM
Badmitton	Wednesdays	5-7 PM
BBQ Games	Thursdays	5-7 PM

November

Wiffleball	Mondays	5-7 PM
Volleyball	Wednesdays	5-7 PM
Kickball	Thursdays	5-7 PM